

Attitudes toward Hypnosis

Respond to each of the following statements using a scale from 1 = not at all true to 7 = very true.

1. I find the whole idea of being hypnotized an attractive prospect.
2. I would like to become deeply hypnotized.
3. I would not mind being known as someone who can be deeply hypnotized.
4. I am totally open to being hypnotized.
5. One's ability to be hypnotized is a sign of creativity and inner strength.
6. I wonder about the mental stability of those who become deeply hypnotized.
7. Those who are easily hypnotized are weak people.
8. Those who can become deeply hypnotized are as normal and well adjusted as anyone.
9. Intelligent people are the least likely to get hypnotized.
10. I have some apprehensions about hypnosis and being hypnotized.
11. If someone attempted to hypnotize me, I would tend to hold myself back rather than let myself get carried away by the process.
12. I'm not afraid of being hypnotized.
13. I am wary about becoming hypnotized because it means giving up my free will to the hypnotist.
14. A deeply hypnotized person is robotlike and goes along automatically with whatever the hypnotist suggests.

In a well-written paragraph justify your opinion of whether or not you believe hypnosis to be real or if people are just acting the role of a good subject. Be sure to support your opinion.