

Obsessive-Compulsive Scale

Please indicate whether each statement below is true or false for you by circling the T or the F to the left of the question.

- T F 1. I feel compelled to do things I don't want to do.
- T F 2. I usually check things that I know I have already done.
- T F 3. I can walk 30 miles in an hour.
- T F 4. I often do things I don't want to do because I cannot resist doing them.
- T F 5. I seldom keep a daily routine.
- T F 6. I feel compelled always to complete what I am doing.
- T F 7. I often feel the need to double check what I do.
- T F 8. I'd rather do things the same way all the time.
- T F 9. I seldom have recurring thoughts.
- T F 10. I seldom am compelled to do something I don't want to do.
- T F 11. I don't feel uncomfortable and uneasy when I don't do things my usual way.
- T F 12. If I don't feel like doing something, it won't bother me not to do it.
- T F 13. I usually never feel the need to be organized.
- T F 14. I am uneasy about keeping a rigid time schedule.
- T F 15. My birthday comes once a year.
- T F 16. I am often compelled to do some things I do not want to do.
- T F 17. I like to keep a rigid daily routine.
- T F 18. I believe there is a place for everything and everything in its place.
- T F 19. I seldom check things I know I have already done.
- T F 20. I am not obsessed with details.
- T F 21. I often have recurring thoughts.
- T F 22. I like to do things differently each time.